



**Careeria premises
instructions for students and
customers during the
Corona empidemia
20.8.2020**

CAREERIA

Careeria instructions

- It is forbidden to participate in any Careeria premises activity if you are ill or have any respiratory infection related symptoms. Finnish institute for health and welfare: <https://thl.fi/en/web/infectious-diseases-and-vaccinations/what-s-new/coronavirus-covid-19-latest-updates>
- Careeria reserves the right to remove any person showing illness or Corona symptoms from the premises.
- If any person becomes ill during the day at the Careeria premises, they must leave the premises immediately or go to a separate empty room. They must inform Careeria personnel immediately of any illness or symptoms.
- Classrooms will be arranged so that the minimum space between tables is 1 metre.
- Careeria must be informed and aware of, as well as keep a record of, all students, customers and guests present at any of its premises at all times.
- Only Careeria students, personnel and other Careeria defined essential people will be allowed on premises. It is forbidden to arrange meetings or gatherings involving any other persons at any Careeria premises.
- All large group lectures and lessons will utilize distance and remote learning facilities. Any large group events will observe and obey the applicable groups-size restrictions and recommendations as defined by the National Supervisory Authority for Welfare and Health (Valvira), concerning gatherings and other infection related legislation and directives.



Hand hygiene instructions

- All people at any Careeria premises will sanitize their hands immediately upon entering the premises, before meals, and immediately after sneezing or coughing, or whenever their hands are visibly dirty. Hands must be dried using roll towel dispenser or disposable paper tissues.
- If there is no available possibility for hand washing, hand sanitizer must be used. Hand sanitizing facilities are available in the lobbies and other public areas of all Careeria premises.
- Sneeze and cough into a disposable tissue which must be placed into a wastebin immediately after use. If such is not available, cover the face using the inside elbow joint, wash your hands and (if required) arms immediately.
- Although the use of face-masks is not instructed at present, should you wish to, you may wear a mask and you are obliged to follow the recommendations and instructions given related to mask hygiene.

Instructions for action if Coronavirus infections are detected at Careeria premises

- The Finnish Institution for Health and Welfare is responsible for determining predisposition to infection. People found to be predisposed to infection will be quarantined for a period of 14 days according to the infection legislation directives procedures.
- If any person becomes ill during the day at any of the Careeria premises, they must leave the premises immediately or go to a separate empty room.
- People with symptoms are instructed to contact the local general health or occupational health authorities and observe all instructions, including submitting to any required Coronavirus tests.
- In cases where Careeria student dormitory residents become ill, Careeria will contact the applicable local infections unit for evaluation and instruction on required actions.
- Infection-chain investigation is the responsibility of the local municipality or hospital district's head doctor for infectious diseases. If a Careeria student is confirmed to have been infected, tracking of all possibly predisposed Careeria students and personnel will take place immediately.
- Any possibly predisposed persons will be quarantined for a 14 day period according to the infection legislation directives procedures.
- Any person infected with the Coronavirus must stay away from all Careeria premises for 14 days from the beginning of symptoms.
- In cases where Careeria student dormitory residents become ill, Careeria will define any required actions to be taken in cooperation with the applicable local infections unit.



CAREERIA